



by Damarys Farres

Ase-ilé 2026

GENERAL PROGRAMME

AFRO-CUBAN · CARIBBEAN · LATIN & RUMBA TRAINING LAB

9 – 18 OCTOBER 2026 • LONDON

ROOTED IN HERITAGE · RAISED IN RHYTHM · POWERED BY COMMUNITY


*More than training...
A family in rhythm*

DATE / TIME	WORKSHOPS, SOCIALS AND VENUES	ARTISTS / HOSTS
FRI 09 OCT Private sessions by arrangement. Celebration after 9:00 PM	Opening and welcome Scala · 275 Pentonville Road, King's Cross, London N1 9NL ↗ El Grande welcome celebration: separate admission; Full Pass discount.	Héctor Oviedo and Damarys Farres
SAT 10 OCT 1:00–5:00 PM Tacacho gathering from 5:30 PM	Orisha: Eleguá · Ogún · Oyá Flow Dance / UNIT3 Studios · Unit 3, Ground Floor, Canterbury Court, Kennington Park Business Centre, 1–3 Brixton Road, London SW9 6DE ↗ After: Tacacho, 88 Brixton Road, SW9 6BE. Free admission: Full Pass / Saturday Pass. ↗	Héctor Oviedo and Damarys Farres
SUN 11 OCT 1:00–5:00 PM	From Orisha to Arará FlowDance / UNIT3 Studios · Unit 3, Ground Floor, Canterbury Court, Kennington Park Business Centre, 1–3 Brixton Road, London SW9 6DE ↗ Babalú-Ayé · Asojano/Azowano · Afrekete · Afra. After-workshop gathering.	Héctor Oviedo and Damarys Farres
MON 12 OCT 7:30–9:30 PM	Ciclo de la Rumba Tradestars Islington · 4–10 North Road, London N7 9EY ↗ Yambú · Guaguancó · Columbia. Cultural discussion.	Héctor Oviedo and Damarys Farres
TUE 13 OCT 7:30–9:30 PM	Afro-Cuban Orisha technique Tradestars Islington · 4–10 North Road, London N7 9EY ↗ Grounding, articulation, coordination, rhythm and movement quality.	Damarys Farres

Less quantity. More depth. More rhythm. More understanding.
 In tribute to Maestros Alfredo O'Farrill "Papá Shangó" and Luis Chacón "Aspirina".



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WED 14 OCT Workshop 7:30–9:30 PM jam from 9:30 PM	Palo technique and evening jam TradestarsIslington · 4–10 North Road, London N7 9EY ↗ Jam: Orleans Bar, Basement, 259–261 Seven Sisters Road, N4 2DD. Free: Full Pass / Wednesday workshop. Workshop move to Orleans awaiting confirmation. ↗	Damarys Farres and Randy Lester
THU 15 OCT From 7:00 PM	Rumba and Afro-Timba Doña Arepa · 86C Stoke Newington High Street, London N16 7PA ↗ Social included for Full Pass / Thursday workshop. Food and drinks paid separately.	Sergio Antonio Larrinaga and Damarys Farres Music: Gerardo de Armas
FRI 16 OCT Private sessions by arrangement. Celebration after 9:00 PM	Private sessions and celebration Celebration venue to be confirmed. Limited individual and small-group lessons. Additional training may be announced.	Visiting Maestros and artists
SAT 17 OCT Workshop 1:00–5:00 PM Sarao celebration after 9:00 PM	Orisha: Ochosi · Yemayá · Shangó Happy Feet Studio · 19–23 Ironmonger Row, London EC1V 3QW ↗ Sarao: The Dance Station, 80 Leadenhall Street, EC3A 3DH. Separate admission; Full Pass discount. ↗	Sergio Antonio Larrinaga and Damarys Farres
SUN 18 OCT Workshop 1:30–5:30 PM closing expected from around 7:00 PM	Palo and Congo traditions TradestarsIslington · 4–10 North Road, London N7 9EY ↗ Closing: Jujus, Ely's Yard, 15 Hanbury Street, E1 6QR. Separate admission; Full Pass discount. ↗	Sergio Antonio Larrinaga and Damarys Farres

Free socials: Tacacho (Sat 10), Orleans (Wed 14), Doña Arepa (Thu 15) for Full Pass and relevant day/workshop pass holders. Other collaborating celebrations: separate admission + Full Pass discount. Food and drinks paid separately.



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